16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

Introduction

101 131 105 178 [162]

INIS BEAG is a fictitious name for one of the many inhabited islands of the Irish Gaeltacht.[1] It is a rocky, barren protuberance in the ocean, buffeted constantly by wind and storm, where 350 hardy people eke out a meager existence. This tiny island is renowned not only for the distinctive folk culture possessed by its inhabitants, but for its numerous, well-preserved antiquities which attest to at least 5000 years of almost continuous human habitation, and its great beauty of land and seascape. During the past 150 years, first scientists, then writers, and more recently film, radio, and television producers have visited Inis Beag, and their many works have served to familiarize the world with the culture, albeit romanticized, of the islanders. As a result of literary publicity, which commenced in the first decade of this century, increasing numbers of tourists have been drawn to Inis Beag over the years. The cultural forms which are most publicized and attract the most attention from tourists are the traditional garb of the folk, their skill in rowing the famed canoe, called *curach*, the manner in which they manufacture soils and grow in them a variety of crops, and their Gaelic speech.

[291] [241] [501] [197]

114 121 127

My wife and I were introduced to Inis Beag during a short visit to Ireland in 1955, when we viewed the island from the nearby coast and talked of its cultural past and present with scholars in Dublin, Cork, and Galway. Between 1955 and 1958, we immersed ourselves in writings pertaining to Irish history and culture, and during the three summer months of the latter year we visited several peasant communities on the mainland and three islands, including Inis Beag, of the Gaeltacht. We made plans to come back to Inis Beag as soon as possible to undertake research, and in 1959 and 1960 we were able to spend the greater part of a year there, during which time we visited briefly on three occasions a neighboring island—Inis Thiar[2]—and several institutions on the mainland to conduct library and other research. We returned eight times to Inis Beag and Dublin for

131 197 162 163 192

[1] The Gaeltacht—areas in which 25 to 100 percent of the inhabitants speak Irish—embraces portions of 12 northern, western, and southern counties and a population of approximately 600,000 people (Freeman 1960:166).

[2] In Gaelic, Inis Thiar (also a fictitious name) means Western Isle, and Inis Beag is translated Little Isle.

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

visits ranging in length from one to seven weeks between 1961 and 1966 to complete our project. During the 19 months that we dwelled on the island, most of our research was directed toward documenting the contemporary culture of Inis Beag: its technological, economic, political, social, religious, esthetic, and recreational aspects. We also investigated informal and formal education and the personality traits created by it, reconstructed Inis Beag history of the past century by examining historical materials of many sorts and probing the memories of elderly respondents, and recorded cultural change in process.

The research techniques that we employed are standard ethnographic ones: the guided and open-ended interview, external and participant observation, collection of life histories, photography, and phonography. Two departures from methodological orthodoxy were our use, as projective devices, of literary works and a sixty-two-verse ballad that I composed. A dozen islanders of both sexes and three age groups read at our request three books portraying Inis Beag culture, and we recorded and analyzed their varied responses. My ballad, now embedded in the island folklore tradition, is based on a shipwreck and rescue off Inis Beag that we witnessed, and a series of incidents which ensued during the following months. Alterations made by local singers after it was completed and the reactions to it by the islanders gave us insights into Inis Beag culture and personality which would have been difficult to obtain under other circumstances of fieldwork. I must add that the ballad was a product of exuberant cultural involvement and the satisfactions of "creative endeavor." Its research implications were unanticipated.

The Inis Beag islanders qualify as folk people in almost every respect, according to anthropological definition (Lewis 1960:1): the population has maintained its stability for at least two hundred years; there is a strong bond between the peasants and their land, and agriculture provides them with the major source of their livelihood; production is mainly for subsistence and is carried on with a simple technology, which includes as primary implements the digging stick, spade, and scythe; the island folk participate in a money economy, but barter still persists; a low standard of living prevails, and the birth rate is high; the family is of central importance, and marriage figures prominently as a provision of economic welfare; the island is integrated into the county and national governments and is subject to their laws; the people long have been exposed to urban influences, have borrowed cultural elements from other rural areas on the mainland, and have integrated them into a relatively stable system; and, finally, the experience of living under foreign rule for over three centuries has created in the islanders an attitude of dependence and, at the same time, one of hostility toward the government which continues to this day. The only conditions in Inis Beag which run counter to those in most other peasant groups are low death and illiteracy rates. The Irish shun the term peasant as applied to individuals or communities, for the same reason that elitists in developing countries eschew the term primitive as applied to traditional cultural forms found in societies incorporated into newly formed states. The causes of this attitude must be examined next.

During the past hundred years, Ireland has experienced a vigorous nativistic movement—provoked by seven centuries of English domination, linked with nationalism as the Irish sought to assert their independence, focused on the

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

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SEX AND REPRESSION IN AN IRISH FOLK COMMUNITY

In this chapter I will discuss sexual repression—its manifestations in behavior and beliefs, its causes, its inculcation, and its broader historical and cultural implications—in a small island community of the Gaeltacht that I will call Inis Beag.[1] My wife and I conducted ethnographic research there for nineteen months, between 1958 and 1966, which included a one-year stay and eight other visits of from one to seven weeks—at Christmas or during the summer. Ours is the only holistic ethnographic study of this community, although archeologists, linguists, philologists, folklorists, geographers, anthropometricians, and other scientists have undertaken research there for over a century. We collected a large body of culture and personality data on three other Irish islands for the purposes of making comparisons and testing hypotheses concerning culture and personality concomitants of island living. Inis Beag is ideally suited to ethnographic and folklore research in that its population possesses a tradition which is less acculturated than that of any other local Irish group.

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* A grant from the Indiana University Ford International Program enabled me to write this chapter.

[1] For other reports on Inis Beag, consult Messenger 1962, 1968, and 1969.

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

the major source of their livelihood; production is mainly for subsistence and is carried on with a simple technology, using the digging stick, spade, and scythe as primary implements; the island folk participate in a money economy, but barter still persists; a low standard of living prevails, and the birth rate is high; the family is of central importance, and marriage figures prominently as a provision of economic welfare; the island is integrated into the county and national governments and is subject to their laws; the people have long been exposed to urban influences and have borrowed cultural forms from other rural areas on the mainland, integrating them into a relatively stable system; and, finally, the experience of living under English rule for centuries has created in the islanders an attitude of dependence on—yet hostility toward—government which continues to this day. The only conditions in Inis Beag which run counter to those found in most other peasant communities are low death and illiteracy rates and bilateral, rather than unilineal, descent (although inheritance is patrilineal).

Inis Beag culture also characterizes people of nearby islands, and the traditions of the several together might be regarded as forming a subculture of the total Irish system. Many island customs are shared with rural peasants on the mainland (where numerous regional subcultures exist), and some are part of a broader European matrix. The island has experienced considerable cultural change since the establishment of the Congested Districts Board (forerunner of the Gaeltacht) in 1891 and the growth of tourism in this century. But conditions there still approximate those which must have prevailed two generations ago, and earlier, throughout this region of peasant Ireland.

Inis Beag has a population of approximately 350 persons living in seventy-one "cottages" distributed among four settlements, called "villages." Bordering a "strand" and a large tract of common land on the northeastern side of the island are a series of limestone terraces, separated by water-bearing shales and faced by small cliffs, on which the villages are situated. Most of the arable land is found on this side, where the shales have been broken down by weathering and alien soils deposited by wind and by ice of the Weichsel glacier. Over many generations, the islanders have deepened these soils and created new soils on rock surfaces by adding seaweed, sand, and human manure. On the southwestern side of Inis Beag, known as the "back of the island," limestone pavements slope rather evenly, almost as the gentle dip of the strata, from the crest of the highest terrace to the sea a mile away. The bared surfaces are intersected in all directions by crevices,

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

JOHN C. MESSENGER

which contain a large portion of the natural flora—herbs and shrubs—of the island. Stone fences delimit many hundreds of plots which compose most of the two-square-mile land surface of Inis Beag.

The island boasts a post office with radio-telephone facilities, a "national school" in which three teachers instruct ninety pupils in the seven "standards," two provision shops with attached "pubs," a former coast guard station now housing the nurse and a knitting industry which employs local girls, a lighthouse, and a chapel served by a curate who resides nearby. Inis Beag lacks electricity and running water, and the only vehicles are several ass-drawn carts which are able to travel the narrow, fence-bordered trails. A small "steamer" carrying supplies, passengers, and mail to and from a mainland port visits the island at least once each week. That Inis Beag has experienced far less cultural change than other island communities of Ireland is largely due to the fact that, in absence of a deep water quay, the steamer has had to stand off the strand and be met by "canoes." Most of the tourists who come to the island stay only for the hours that the steamer is anchored and go ashore mainly for the thrill of riding in the canoes, which the island men row with consummate skill. Insofar as I can discover, the inhabitants of Inis Beag are less prone to visit the mainland than are the peoples of other Irish islands.

INIS BEAG
HISTORY AND CULTURE[2]

The prehistory and history of Inis Beag are recorded dramatically in a multitude of monuments and artifacts of stone and metal, including Neolithic axe-heads and kitchen middens, Copper-Bronze Age gallery grave tombs and burial mounds of earth and stone, an Iron Age promontory fort, and medieval Christian monasteries, churches, cemeteries, stone houses, and a sacred well, as well as a three-story tower house built by the political overlords of the island. Irish nativists claim that the contemporary folk are lineal descendants of ancient, once civilized

[2] The culture described herein is that of 1959–1960 and excludes important changes which have occurred since then, such as those resulting from the introduction of television, a summer language school for pupils from the mainland, and free secondary education.